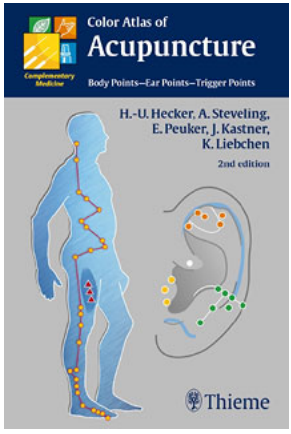
Hecker / Steveling / Peuker / Kastner / Liebchen
Color Atlas of Acupuncture

Leseprobe

Color Atlas of Acupuncture
von Hecker / Steveling / Peuker / Kastner / Liebchen
Herausgeber: MVS Medizinverlage Stuttgart



http://www.unimedica.de/b11868

Sie finden bei Unimedica Bücher der innovativen Autoren Brendan Brazier und Joel Fuhrmann und alles für gesunde Ernährung, vegane Produkte und Superfoods.

Das Kopieren der Leseproben ist nicht gestattet.
Unimedica im Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern
Tel. +49 7626 9749 700
Email info@unimedica.de
http://www.unimedica.de

Preface

After the success of the first edition, we have decided to present an updated and extended second edition of this pocket atlas covering the major body and ear acupuncture points as well as the most frequently occurring trigger points. With this book we comply with the requests of many physicians to provide reference material that makes possible quick orientation during daily practice. The authors come from diverse fields of specialization, thus ensuring the highest competence possible.

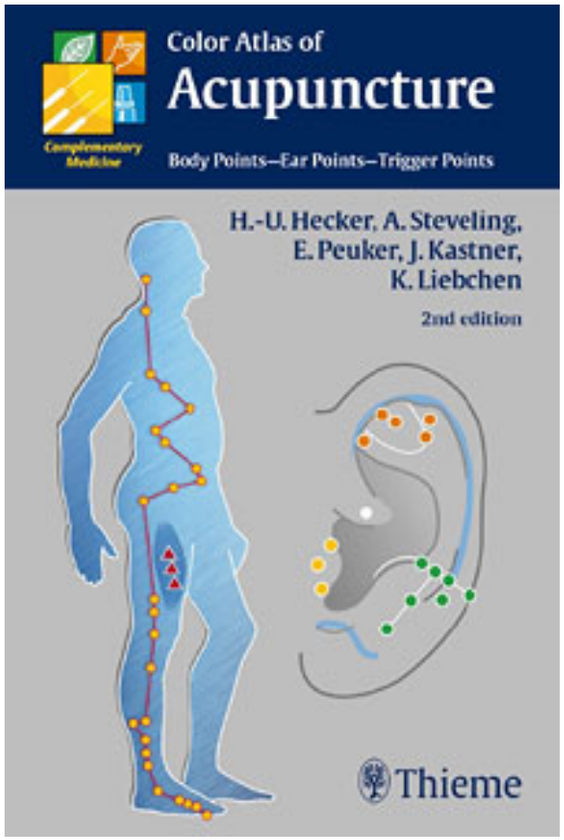
The book consistently follows the visual-didactic presentation concept (VISDAK, visuell-didaktisches Aufarbeitungskonzept). This concept has already gained recognition through the two textbooks *Acupuncture of Ear, Skull, Mouth, and Hand* and *The Acupuncture Points*. This type of presentation has been borne out of a large number of positive responses and serves as a useful building block when learning new and complex material. The description of the locations of acupuncture points follows the style of the localization specifications effective in China as they have been described in the usual standard publications for foreigners. The details are presented using the latest anatomical nomenclature. In particular, practical advice for quick orientation during localization is emphasized. The action of individual points is described according to both the conventional medical indications and the traditional Chinese avenues of action.

The basics presented here will help the targeted preparation for an exam and will also serve the actively practicing physician as a quick reference for orientation. The experienced acupuncturist will find interesting details for precise point localization as far as anatomical guiding structures are concerned. The major trigger points are described in connection with acupuncture points according to practical relevance. In response to the suggestion of many readers, this chapter now contains an additional 15 muscles, mainly of the lower extremities. Gnathological aspects are particularly emphasized as they play a major role within the holistic approach.

The selection of acupuncture points is based on the experience of the physicians participating in this book project, all of whom have been using acupuncture in their practice for many years and/or are participating in university level education in acupuncture. We would like to thank all those who have been involved in the realization of this book: Mr. Rüdiger Bremert and Mr. Helmut Holtermann for the excellent anatomical drawings, Mr. Axel Nickolaus for the photographic illustrations, and Mr. Martin Wunderlich for the professional graphic design. Our special thanks are due to Ms. Helga Gilleberg for all the typing–from the first draft to the original version prior to printing of the first edition. Our thanks go to Thieme Publishers Editorial and Production Departments, especially for the opportunity of using four-color printing and for the customer-friendly price–performance ratio.

Hans-Ulrich Hecker
Angelika Steveling
Elmar Peuker
Joerg Kastner
Kay Liebchen

aus: Hecker u. a., Color Atlas of Acupuncture (ISBN 9783131252227) © 2008 Georg Thieme Verlag



Hecker / Steveling / Peuker / Kastner / Liebchen

Color Atlas of Acupuncture

Body Points, Ear Points, Trigger Points

300 Seiten, paperback
erschienen 2008

bestellen

Mehr Bücher zu gesund leben und gesunder Ernährung

www.unimedica.de